



Curated Learning Resources: Leading and Managing Change

Change is the real test of leadership – and the leaders who thrive know how to lead people through it. In the Change Leadership Skill Package, you'll learn the essential behaviors that distinguish change leaders from task managers, uncover the psychology behind resistance, and explore what teams really need to embrace change—context, clarity, and emotional safety. More than just tools or frameworks, this collection equips leaders to build trust, spark dialogue, and grow the confidence to lead change in a human, effective way. Whether you're navigating uncertainty or driving transformation, this is your roadmap for leading people from compliance to commitment.

Key Takeaways:

- A mindset shift that builds trust and reduces resistance
- A powerful formula to guide your team through change
- A practical checklist to diagnose and improve weak points in your change effort
- Four levers of change to help individuals choose change rather than feel forced
- A simple communication strategy to facilitate acceptance and implementation of change
- A clear, three-step framework to understand and address the root causes of resistance
- Specific communication techniques to help leaders master the change conversation
- A human-centric approach to change management, emphasizing empathy and communication

The Leading and Managing Change Skill Package Includes:

Articles & Job Aids

- 4 Keys to Leading Change
- A Better Way to Think About Change
- A Formula for Leading Change
- Creating Confident Change Leaders
- How Can You Lead Change?

Video & Audio

- Championing Change
- The Problem with Change (A conversation with Ashley Goodall)
- Redefining Change Management (A conversation with Mindy Vail)
- 3 steps to Overcoming Resistance to Change

Interested in bringing these resources inside your organization?

Need other skills or a custom package?

We will work with you to tailor skill packages to meet your needs – whether you want more content in a specific format, specific skills to be included, or a package on a different skill area, let's talk!

Talk to your Kevin Eikenberry Group representative or email us at info@kevineikenberry.com with your questions and to discuss learning needs.